

## REGISTRATION COSTS

	AA	AL-ANON
- Regular Full Registration	\$20	\$10
- One Day Only Registration	\$10	\$5
- Dinner Dance	\$25	\$25
- Full Registration (Includes Dinner Dance)	\$40	
- Alateen Registration	FREE	FREE
- Saturday And Sunday lunches available for purchase		

## ALCOHOLICS ANONYMOUS

Rally Committee

Email: [gcrally2010@aanet.com.au](mailto:gcrally2010@aanet.com.au)

C/o CSO Gold Coast  
PO Box 2061  
Southport 4215

### AA Contacts

Baz Chair Person - 0400 727 703

Annabelle - 0414344129

Phil Secretary - 0403280724

### Al-Anon Contacts

Email: [wallandwall2@bigpond.com](mailto:wallandwall2@bigpond.com)

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Robyn W. H: 55393635

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### AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership. We are self supporting through our own contribution.

AA is not allied with any sect denomination, politics, organisation or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

### Al-Anon Preamble

The Al-Anon Family groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope, in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution, does not engage in any controversy nor opposes any causes. There are no dues for membership. Al-Anon is self supporting through its own voluntary contributions.

Al-Anon has but one purpose to help families of alcoholics. We do this by practising the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

## "There is a Solution" Gold Coast Rally



May Weekend 2010  
April 30 - May 3



### Al-Anon and Alateen Participation

Venue: Albert Waterways Community Centre.  
(Cnr. Sunshine Bvd & Hooker Bvd-behind Pacific Fair-Library Construction site)  
Mermaid Beach. UBD ref: page 49 : L2

### Friday 30th April 2010

8.00pm-9.30pm Bills story  
9.30pm-11.00pm Supper and fellowship

### Saturday 1st May

7.00am-8.00am Breakfast meeting  
8.00am-9.00am Breakfast  
9.00am-10.30am There is a Solution  
11.00am-12.30pm More about Alcoholism  
12.30pm-1.30pm Lunch  
1.30pm-3.00pm We Agnostics  
3.30pm-5.00pm How it Works  
6.00pm-11.30pm Dinner/Dance

### Sunday 2nd May

7.00am-8.00am Breakfast meeting  
8.00am-9.00am Breakfast  
9.00am-10.30am Spiritual Concept Meeting  
11.00am-12.30pm Into Action  
12.30pm-1.30pm Lunch  
1.30pm-3.00pm Old Timers including Sobriety countdown  
3.30pm-4.30pm Working with Others  
5.00pm-6.00pm Family Afterwards  
7.00pm-8.30pm We are not a glum lot  
8.30pm-10.00pm Supper and Fellowship

### Monday 3rd May

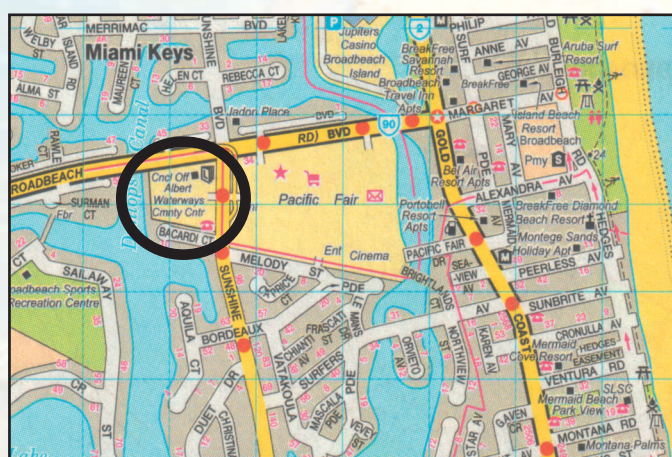
8.00am-9.00am Breakfast Meeting  
9.00am-10.00am Breakfast/Morning tea  
10.00am-11.30am A vision for you, Farewell Meeting  
11.30am-12.00pm Fellowship

It is customary on the Labour Day weekend for representatives of Gold Coast AA groups to host a weekend of fellowship, caring and sharing. This will be our 34th annual gathering and we invite you to join us for a full program of AA events. As usual, the fellowships of Al-Anon and Alateen are also providing their own programs in adjacent rooms throughout the weekend.

The theme this year – "There is a Solution" – is named after Chapter 2 of the fellowship's basic text, Alcoholics Anonymous (The Big Book). Many of the topics for other meeting throughout the weekend are based on other chapters from the Big Book. After all, the fellowship took its name from the title of the book and the stated aim of the book was to "show other alcoholics precisely how we have recovered" (pg xiii).

On Saturday night there will be another great supper/dance with live entertainment.

We look forward to welcoming you to our 34th Gold Coast Rally.



### AL-ANON/ALATEEN PROGRAM "SHARING OUR EXPERIENCE, STRENGTH AND HOPE"

Friday: 30th April 2010.

7.00pm-8.00pm Topic meeting – Ashmore uniting church 144 cotlew st, Ashmore (hall next to church)

Saturday 1st May 2010

Albert Waterways Community Centre Cnr. Sunshine Bvd. & Hooker Bvd. Behind Pacific Fair Library Mermaid Beach.

8.00am-9.00am Breakfast  
9.00am-9.30am Registration and Cuppa  
9.30am-11.00am Topic Meeting – Acceptance (Room In Library)  
11.30am-12.30pm (1 hour) Workshop Communication  
11.30am-12.30 Alateen Meeting  
12.30pm-1.30pm Lunch  
1.30pm-3.00pm Spiritual Concept Meeting with AA Participation  
3.30pm-5.00pm Topic Meeting – Detachment  
3.30pm-5.00pm Adult Children Meeting (Life Education Centre)

Sunday 2nd May 2010

8.00am-9.00am Breakfast  
9.00am-10.30am AA Spiritual Concept Meeting With Al-Anon Participation  
11.00am-12.30pm Topic Meeting - Count Your Blessings  
12.30pm Lunch  
1.30pm-3.00pm Topic Meeting – Progress Not Perfection  
3.30pm-5.00pm Topic Meeting – Three C's

Monday 3rd May 2010

9.00am-10.00am Breakfast  
10.00am - 11.30am Al-Anon/Alateen Farewell Meeting